



## Bring **GLP-1 activity** into the conversation with your doctor

When it comes to type 2 diabetes, there are a lot of things to discuss with your doctor. **Get the most out of your next appointment.** Print this guide, then use it during a conversation with your health care provider.

### Questions to ask your health care provider

- What is my current A1C number, and what is my goal?
- What is going on in my body that is causing high blood sugar?
- How does high blood sugar affect my A1C goals?
- What is the difference between insulin and the GLP-1 hormone made in the body?
- How does GLP-1 activity affect my body's response to high blood sugar?
- What role does weight play in my diabetes?
- Is my body having trouble producing insulin?

**Additional questions I have:**